

RIG 2021 - Covid version
Reykjavík, 5. - 7.2.2021

Entrylist by Athletes - Allar sundgreinar

	F.ár							
Adam Leó Tómasson	07	SH	400 skr	5:07.85	200 flug	2:58.27	400 fjór	5:40.41
Adele Alexandra Pálsson	03	SH	100 br	1:24.39	200 fjór	2:34.85	400 fjór	5:28.14
Alex Benjamín Bjarnason	04	ÍA	50 skr	26.74	100 skr	1:00.46	200 skr	2:20.84
Alexander Logi Jónsson	04	IRB	200 flug	2:19.72	200 fjór	2:23.06	400 fjór	4:53.55
Alexandra Tómasdóttir	01	ODINN	50 skr	29.63	100 bak	1:09.90	200 fjór	2:32.36
Andri Már Kristjánsson	06	SH	400 skr	4:59.48	200 br	2:57.56	400 fjór	5:48.46
Anna Rósa Þrastardóttir S14	04	FJÖRD	100 skr	1:16.86	200 skr	2:41.77	400 skr	5:44.78
Arna Rut Stefánsdóttir	07	SH	400 skr	5:19.04	800 skr	11:35.84		
Aron Fannar Kristínarson	03	IRB	200 bak	2:23.76	200 fjór	2:20.28	400 fjór	4:52.62
Aron Þór Jónsson	02	SH	50 br	32.10	100 br	1:07.05	200 br	2:23.53
Arianna Steinarsdóttir	03	ARM						
Athena Líf Þrastardóttir	07	IRB	100 bak	1:19.06	200 bak	2:46.26	100 flug	1:18.32
Baldur Logi Gautason	00	FJOL	200 skr	2:08.19	200 fjór	2:29.19		
Bartosz Henke	05	SH	50 skr	29.97	200 skr	2:15.85	400 skr	4:39.93
Bergur Fáfniir Bjarnason	06	SH	200 flug	2:27.64	200 fjór	2:25.27	400 fjór	5:04.94
Bergþóra Sól Hálfðánsdóttir	06	UMFA	50 skr	34.47	100 bak	1:21.73		
Birgitta Ingólfssdóttir	05	SH	50 bak	34.20	100 bak	1:11.83	200 bak	2:31.57
Birnir Freyr Hálfðánarsson	06	SH	200 skr	1:58.47	200 bak	2:14.25	200 fjór	2:16.30
Birta Rún Smáradóttir	04	UMFA	50 skr	29.29	200 skr	2:24.69	50 flug	32.73
Bjarki B Isaksen	06	BREI	50 skr	29.55	200 skr	2:12.77	50 bak	35.99
Björgvin Árni Júlíusson	01	KR	50 skr	27.20	100 bak	1:07.58	200 fjór	2:23.40
Björn Yngvi Guðmundsson	07	SH	200 skr	2:10.34	400 skr	4:35.48	1500 skr	18:52.16
Breki Arnarsson	96	KR	50 skr	39.83	50 bak	55.69	100 bak	2:02.96
Briet Björk Pálsdóttir	04	ODINN	50 br	38.57	100 br	1:23.90	200 br	3:01.00
Briet Elfarsdóttir	06	ÆGIR						
Dadó Fenrir Jasminuson	95	SH	50 skr	23.28	100 skr	53.20	50 bak	27.78
Dagbjörg Hlíf Ólafsdóttir	05	SH	50 skr	28.25	100 skr	1:02.26	50 bak	33.81
Dagbjört Lilja Danielsdóttir	04	ODINN	50 br	38.92	100 br	1:23.98	100 flug	1:14.00
Dagur Snær Hilmarsson	03	SH	200 skr	2:15.65	400 skr	4:57.54	200 fjór	2:33.80
Daníel Lúkas Tómasson	04	SH	400 skr	4:37.77	200 fjór	2:32.36	400 fjór	5:07.97
Daníel Steinn Davíðsson	03	BREI	50 br	32.84	100 br	1:11.17		
Davíð Smári Andrésen	03	STAR	100 skr	1:05.05				
Daði Björnsson	04	SH	50 br	30.38	100 br	1:05.88	200 br	2:26.50
Diljá Dröfn Jóhannesdóttir	03	SH	400 skr	4:57.97	800 skr	10:23.21	400 fjór	5:46.83
Diljá Rún Ívarsdóttir	02	IRB	50 bak	37.43	50 flug	31.54		
Dominc Dadi Wheeler	07	ÆGIR	200 skr	2:22.51	400 skr	5:28.08	200 fjór	2:43.65
Dóróthea Margrét Jakobsdóttir	08	ARM	50 skr	36.36	50 br	43.14	100 br	1:37.93
Editudóttir Diana Sól	97	UMFA	50 skr	31.00	50 bak	35.00		
Edward Jensson	04	SH	50 bak	30.28	100 bak	1:07.19	200 bak	2:27.05
Eggert Sigtryggsson	05	SH	200 skr	2:18.66	400 skr	4:49.78	1500 skr	NT
Einar Atli Guðnason	03	ÆGIR	100 skr	1:00.87	200 skr	2:13.79	400 skr	4:53.95
Einar Margeir Ágústsson	05	ÍA	50 skr	26.84	100 skr	1:01.01	200 skr	2:17.49
Elín Eir Andersen	04	KR	100 skr	1:10.91	200 skr	2:31.37	400 skr	5:20.54
Elín Rósa Ragnarsdóttir	06	ODINN	50 br	41.36	100 br	1:29.00	200 br	3:18.80
Elísabet Jóhannesdóttir	06	IRB	50 skr	31.38	800 skr	9:47.73	100 bak	1:16.67
Embla Karen Sævarsdóttir	04	ODINN	50 br	37.66	100 br	1:19.11	200 br	2:55.89

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	F.ár							
Emelía Ýr S14 Gunnarsdóttir	05	FJÖRD	50 bak	44.70	100 bak	1:43.07	200 bak	3:28.47
Emilía Sól Guðmundsdóttir	02	ÆGIR	50 skr	29.36	50 bak	33.63		
Emma Kolbrún Garðarsdóttir	04	ÆGIR	200 skr	2:27.27	400 skr	5:15.72	800 skr	11:12.12
Erlend Magnússon	01	ÍA	50 bak	31.21				
Eva Margrét Falsdóttir	05	IRB	400 skr	4:39.46	200 br	2:36.69	400 fjór	5:10.26
Eva Sól Garðarsdóttir	03	ODINN	100 bak	1:11.23	50 flug	31.74	100 flug	1:09.80
Eydís Arna Isaksen	08	ODINN	50 skr	32.89	100 br	1:26.00	200 br	3:20.86
Fannar Snævar Hauksson	04	IRB	50 skr	25.12	100 flug	58.47	200 flug	2:16.17
Flosi Ómarsson	03	IRB	50 bak	29.97	100 bak	1:06.61	50 flug	28.65
Freydís Katla Sveinsdóttir	08	ARM	50 skr	35.25	100 skr	1:14.55	50 bak	42.15
Freyja Birkisdóttir	06	BREI	400 skr	4:37.06	800 skr	9:20.66	200 fjór	2:33.60
Gabriel Þór Sigurmundsson	03	IRB	100 skr	1:01.06	200 skr	2:12.35	50 br	35.94
Guðbjarni Sigþórsson	06	ÍA	100 skr	1:00.15	200 skr	2:13.34	200 fjór	2:35.89
Guðbjörg Bjartey Guðmundsdóttir	05	ÍA	50 skr	28.14	100 skr	1:02.85	200 skr	2:23.92
Guðfinnur Karlsson S11	88	FJÖRD	400 skr	5:57.04	200 fjór	3:08.87		
Guðjón Árnason	06	SELF	50 skr	35.30	50 br	46.25		
Guðmundur Halldórsson	04	BREI	100 skr	1:02.54	200 skr	2:14.67	1500 skr	18:13.33
Guðmundur Karl Karlsson	05	BREI	100 skr	58.03	200 skr	2:03.10		
Guðmundur Leo Rafnsson	06	IRB	100 bak	1:17.83	200 bak	2:45.64	50 flug	33.01
Gústav Ragnar Kristjánsson	02	BREI	200 skr	2:07.36	400 skr	4:27.11	1500 skr	17:56.89
Halla Margrét Baldursdóttir	02	KR	50 skr	29.93	200 skr	2:19.15	100 bak	1:14.39
Hallgerður Höskuldsdóttir	04	SELF	50 skr	32.91	100 bak	1:30.12		
Hekla Krístrún Mist Arnarsdóttir	06	KR	200 skr	2:36.54	50 bak	41.38	200 bak	3:00.47
Helga Sigurlaug Helgadóttir	07	SH	200 skr	2:22.90	400 skr	5:00.05	800 skr	10:05.96
Herdís Birna Viggósdóttir	04	KR	50 skr	28.68	50 flug	30.17	100 flug	1:10.10
Herdís Rut Guðbjartsdóttir S14	04	FJÖRD	50 skr	34.63	50 bak	40.96		
Hilmir Snær Lunddal Rúnarsson	03	SH	100 flug	1:05.39	200 flug	2:28.41	200 fjór	2:28.84
Hrafn Sverrisson	05	ARM	50 flug	31.90	100 flug	1:12.50	200 flug	2:40.69
Hrafnhildur Lóa Kvaran	07	ARM	200 bak	2:52.82	100 flug	1:22.69	200 flug	3:03.99
Hulda Björg Magnúsdóttir Nilsen	08	ÆGIR	100 skr	1:06.32	200 skr	2:26.74	100 bak	1:25.39
Hulda Þorkeldsdóttir	06	ÆGIR	50 skr	30.34	100 skr	1:06.89	200 flug	3:03.29
Hólmar Grétarsson	08	SH	400 skr	4:56.12	200 flug	2:55.72		
Hólmsteinn Skorri Hallgrímsson	00	FJOL	50 skr	25.09	100 skr	54.65	50 flug	27.81
Ingibjörg Erla Garðarsdóttir	00	FJOL	200 skr	2:17.56	400 skr	4:46.23	800 skr	10:05.88
Ingibjörg Svava Magnúsdóttir	05	ÍA	200 skr	2:21.94	400 skr	4:57.03	800 skr	10:24.05
Ingunn Jónsdóttir	02	FJOL	200 br	2:52.04	200 fjór	2:35.49		
Ingvar Orri Jóhannesson	04	FJOL	50 skr	26.90	50 br	32.71	200 fjór	2:22.86
Jakob Ingi Reynisson	06	IRB	50 skr	29.03	100 skr	1:05.11	200 skr	2:22.32
Juliane Liv Sörensen	07	ODINN	200 skr	2:47.61	100 bak	1:19.00	200 bak	2:53.00
Jóhanna Júlíusdóttir	05	KR	100 skr	1:17.65				
Jón Ingi Halldórsson	04	BREI	100 flug	1:10.48	200 flug	2:32.29	200 fjór	2:33.19
Jónas Atli Pálsson	03	SH	50 flug	28.55	100 flug	1:07.89	200 fjór	2:30.94
Júlía Pálmadóttir	07	BREI	100 br	1:31.49	200 br	3:08.80		
Júlíana Björt Hjaltsted	06	UMFA	200 skr	2:35.08	400 skr	5:21.41		
Júlíus Arnarsson	06	KR	50 skr	30.34	100 skr	1:05.25	200 skr	2:23.43
Júlíus Karl Maier	02	SH	50 bak	30.13	100 bak	1:04.35	200 bak	2:16.70

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Kacper Kogut	06	BREI	50 skr	32.01	100 flug	1:15.15	200 flug	2:43.32
Karen Káradóttir	06	ÍA	50 br	37.31	100 br	1:23.85	200 br	3:01.51
Karen Ósk Gísladóttir	06	BREI	50 bak	37.31	100 bak	1:19.69	200 bak	2:48.82
Katja Lilja Andriyadóttir	06	SH	800 skr	10:14.13	100 br	1:22.96	200 br	2:56.04
Katla María Brynjarsdóttir	07	IRB	400 skr	4:59.97	800 skr	10:14.02	100 bak	1:16.50
Katla Mist Bragadóttir	07	ARM	50 br	39.23	100 br	1:27.09	200 br	3:00.58
Katrín Lóa Ingadóttir	08	ODINN	50 bak	38.60	100 bak	1:18.90	200 bak	2:48.50
Katrín Magnea Finnsdóttir	04	ODINN	50 skr	31.99	100 skr	1:10.99	100 flug	1:18.99
Katrín Tinna Andrésdóttir	06	STAR	100 skr	1:15.24	200 br	3:22.97		
Kolbeinn Hrafnkelsson	94	SH	50 bak	26.90				
Kolbeinn Kári Jónsson	06	ÆGIR	400 skr	5:16.26	100 bak	1:28.10		
Kolbrá Sölva Leifsdóttir	05	KR	100 br	1:34.77				
Kolbrún Jónsdóttir	03	UMFA	50 skr	32.14	100 skr	1:08.59		
Kolbrún Ósk Vilhjálmsdóttir	06	ODINN	200 skr	2:26.01	50 bak	37.72	100 bak	1:18.90
Kristinn Viðar Tómasson	06	ODINN	50 bak	33.43	100 bak	1:07.00	200 bak	2:40.72
Kristinn Þórarinnsson	96	FJOL	50 bak	27.27	100 bak	58.94		
Kristjan Gylfi Þórisson	00	FJOL	100 skr	55.41	50 bak	29.08	100 bak	1:02.00
Kristján Magnússon	05	ÍA	50 skr	27.19	100 skr	59.29	200 skr	2:12.94
Kristín Helga Hákonardóttir	04	BREI	100 skr	57.94	200 skr	2:06.68	400 skr	4:32.27
Kristín Ylfa Guðmundsdóttir	02	SH	50 flug	30.73	100 flug	1:08.11	200 flug	2:31.41
Kristófer Óli Birkisson	04	ODINN	50 flug	30.64	100 flug	1:05.68	200 fjór	2:20.09
Kári Kjartansson	05	STAR	100 br	1:24.45	200 br	3:03.86		
Kári Snær Halldórsson	04	IRB	50 br	32.44	100 br	1:13.14	50 flug	31.66
Kári Steinn Kjartansson	03	ÆGIR	400 skr	4:39.97	100 flug	1:08.93	200 fjór	2:29.77
Lilja Natalie Gunnarsdóttir	06	ÆGIR						
Logi Freyr Arnarsson	03	KR	50 skr	27.59	200 skr	2:09.83	200 flug	2:27.56
Lára Jakobína Ringsted	03	ÍA	50 skr	31.27	100 skr	1:06.76	200 skr	2:33.51
Magnús Víðir Jónsson	08	SH	400 skr	4:58.78	200 bak	2:36.80		
Maja Lind Cicero	05	SH	100 br	1:16.61	200 br	2:42.49	200 fjór	2:30.03
Marta Magnúsdóttir	05	KR						
María Skorastein Sigurdardóttir	07	SH	50 skr	31.81	200 skr	2:30.70	400 skr	5:20.80
Marianna Kristjánsdóttir	93	ÆGIR	400 skr	5:28.28	100 flug	1:15.13	200 flug	2:34.80
Matthildur Valdimarsdóttir	06	ODINN	100 skr	1:10.92	50 br	39.87	100 br	1:25.94
Már Gunnarsson	99	IRB	50 bak	33.67	100 bak	1:13.04	200 bak	2:34.61
Nadja Djurovic	07	BREI	400 skr	5:01.56	800 skr	10:17.60	100 flug	1:16.76
Naomí Arnarsdóttir	07	ODINN	200 skr	2:40.44	50 bak	35.68	200 bak	2:50.11
Natalía Dögg Brynjarsdóttir	07	IRB	50 flug	34.91	100 flug	1:21.97	200 flug	2:59.54
Nicole Jóna Jóhannsdóttir	08	SH	400 skr	5:20.46	100 flug	1:25.41		
Oliver Kaldal	07	ÆGIR	200 skr	2:28.38	200 bak	2:50.52		
Otylia Lis	06	ÆGIR	50 bak	38.40				
Patrik Viggó Vilbergsson	02	BREI	200 skr	1:57.00	400 skr	4:04.65	1500 skr	16:08.55
Pétur Alfreðsson	06	BREI	50 skr	29.31	100 skr	1:01.88	200 skr	2:12.43
Ragnheiður Gunnsteinsdóttir	07	STAR	100 skr	1:11.87				
Ragnheiður Karen Ólafsdóttir	04	ÍA	100 br	1:20.41	200 fjór	2:39.41	400 fjór	5:37.49
Ragnheiður Milla Bergsveinsdóttir	06	BREI	50 br	36.22	100 br	1:20.46	200 br	2:50.75
Ragnheiður Ásta Magnúsdóttir	07	BREI	200 skr	2:31.22	50 bak	36.39	200 bak	2:46.77

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Rebekka Marín Arngeirsdóttir	05	IRB	50 br	38.26	100 br	1:24.23	200 br	3:01.28
Rebekka Rós Magnadóttir	07	BREI	100 skr	1:08.95	100 flug	1:20.65	200 flug	2:58.32
Rebekka Sif Ómarsdóttir	03	ODINN	200 skr	2:13.10	200 fjór	2:37.44	400 fjór	5:35.45
Regína Lilja Gunnlaugsdóttir	02	BREI	50 skr	31.26	50 flug	31.72		
Runólfur Þorláksson	02	ARM	50 br	32.98	100 br	1:14.24	200 br	2:48.15
Róbert Ísak Jónsson	01	SH	50 flug	26.57	100 flug	59.09	200 flug	2:16.08
Rökkvi Helgason	04	UMFA	50 skr	30.35	100 skr	1:06.18		
Sandra Dögg Kristjánsdóttir	03	SH	100 skr	1:04.80	200 skr	2:18.91	200 fjór	2:39.39
Sandra Rut Fannarsdóttir	06	ODINN	50 flug	35.50	100 flug	1:13.00	200 flug	3:18.76
Sif Grímsdóttir	03	KR	100 skr	1:13.33	200 skr	2:36.38	50 bak	40.33
Sigríður Aníta Rögnvaldsdóttir	01	ÍFR	50 skr	33.90	50 bak	38.96		
Sigrún S16 Kjartansdóttir	03	FJÖRD	50 skr	42.17	100 skr	1:32.26		
Sigurður Haukur Birgisson	06	ARM	400 skr	5:04.55	200 br	2:55.55	200 fjór	2:33.05
Sigurður Ingi Sigurðarson	01	KR	50 skr	27.11	200 skr	2:02.38	100 bak	1:13.73
Sigurður Þráinn Sigurðsson	02	UMFA	50 skr	28.77	100 skr	1:03.01	200 skr	2:18.76
Sindri Andreas Bjarnason	01	ÍA	50 skr	25.65	100 skr	55.88	200 skr	2:03.42
Skúli Thor Ásgeirsson	02	ÆGIR	400 fjór	5:20.70				
Snorri Dagur Einarsson	05	SH	50 br	31.41	100 br	1:09.28	200 br	2:30.40
Snær Llorens Sigurðsson	02	ÍA	400 skr	4:17.94	200 fjór	2:16.51	400 fjór	4:49.46
Sonja Sigurdardóttir S4SB	90	ÍFR	50 skr	1:06.94	50 bak	1:04.62		
Stefanía Sigurþórsdóttir	01	BREI	100 bak	1:09.98	200 bak	2:30.75		
Stefán Elías Berman	03	IRB	50 skr	25.94	100 skr	56.70	200 skr	2:08.21
Stefán Gretar Katrínarson	08	ODINN	50 br	39.87	100 br	1:26.97	200 fjór	3:15.39
Stefán Ingi Ólafsson	06	ÆGIR	200 skr	2:18.92	400 skr	4:50.16	1500 skr	18:56.71
Steingerður Hauksdóttir	96	SH	50 skr	26.78	50 bak	29.46	100 bak	1:06.03
Sunna Arnfinnsdóttir	07	ÆGIR	200 bak	2:35.21	200 fjór	2:40.51	400 fjór	5:31.76
Sunneva Bergmann Ásbjörnsdóttir	07	IRB	400 skr	5:10.14	800 skr	10:33.13	200 br	3:09.69
Svava Björg Lárusdóttir	03	ARM	400 skr	4:58.87	200 flug	2:40.99	200 fjór	2:37.14
Sveinn Elí Helgason	04	ÆGIR	50 skr	26.85	100 skr	1:00.49	50 flug	30.82
Símon Elías Statkevicius	03	SH	50 skr	24.16	100 skr	53.68	100 flug	58.41
Sólveig María Baldursdóttir	04	IRB	200 flug	2:43.13	200 fjór	2:42.58	400 fjór	5:41.72
Sölvi Bjartur Ingólfsson	03	STAR	100 skr	1:03.75				
Tanya Jóhannsdóttir S7	03	FJÖRD	50 skr	40.35	100 skr	1:27.37		
Thelma Björnsdóttir S6 Sb5	96	ÍFR	50 skr	40.99	50 br	55.58	100 br	1:55.80
Thelma Lind Einarsdóttir	05	IRB	50 flug	35.03				
Tinna Karen Sigurðardóttir	08	SH	400 skr	5:17.00	800 skr	11:05.18		
Tómas Valfells	08	ARM	50 br	41.42	100 br	1:35.15	200 br	3:17.59
Vala Dís Cicero	08	SH	50 skr	27.72	200 skr	2:12.21	50 flug	29.54
Veigar Hrafn Sigþórsson	05	SH	400 skr	4:16.76	100 bak	1:04.71	400 fjór	5:00.53
Vigdís Tinna Hákonardóttir	06	BREI	800 skr	10:05.84	100 flug	1:09.29	200 flug	2:40.86
Ylfa Finnbogadóttir	02	SH	50 skr	31.57	200 skr	2:27.53	200 fjór	2:47.32
Ylfa Lind Kristmannsdóttir	08	ARM	100 flug	1:14.39	200 flug	2:49.18	200 fjór	2:36.45
Ylfa Ásgerður Eyjólfsdóttir	06	ARM	50 skr	30.36	200 skr	2:20.90	200 bak	2:36.40
Ymir Chatenay Solvason	06	FJOL	50 skr	26.20	50 bak	31.54	200 bak	2:19.56
Ziza Alomerovic	07	BREI	50 bak	35.67	100 bak	1:13.69	200 bak	2:41.76
Ágústa Inga Arnarsdóttir	06	STAR	200 skr	2:27.54	400 skr	5:05.21	800 skr	10:32.62

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	F.ár						
Árni Kristinn Hilmarsson	05	BREI	100 skr	1:07.86	200 skr	2:26.46	
Ásdís Gunnarsdóttir	08	UMFA	100 skr	1:07.01	200 skr	2:30.69	100 bak 1:20.96
Ísak Árni Guðmundsson	05	ARM	50 skr	31.00	100 skr	1:10.45	200 skr 2:26.00
Ólafur Breki Guðnason	03	ÆGIR	50 skr	27.46	100 skr	59.56	200 skr 2:16.03
Ólóf Kristín Isaksen	05	ODINN	100 bak	1:10.72	50 flug	31.26	100 flug 1:08.11
Örn Kató Arnarsson	05	ODINN	50 br	35.37	100 br	1:15.09	200 fjór 2:36.86
Örn Ægisson	06	ARM	100 skr	1:05.61	400 skr	5:12.67	400 fjór 5:43.58
Úlfur Páll Andrasen	04	KR	100 skr	1:01.65	100 bak	1:07.52	50 flug 30.82
Þorgerður Ósk Jónsdóttir	03	SH	50 bak	32.16	100 bak	1:08.52	200 bak 2:25.10
Þorsteinn Karl Arnarsson	04	STAR	100 skr	1:00.45	200 skr	2:09.46	400 skr 4:35.98
Þórdís Anita Björnsdóttir	02	SH	50 skr	31.69	100 flug	1:16.13	200 fjór 2:47.57
Þórey Una Arnlaugsdóttir	06	IRB	50 bak	37.28	100 bak	1:21.27	200 bak 2:51.34
Þórey Ísafold Magnúsdóttir	99	KR	800 skr	11:15.87	100 br	1:31.53	50 flug 33.30
Þórunn María Hilmarsdóttir	05	BREI	50 skr	31.04	100 skr	1:11.90	